





















YOUR CCFP EXAM PREP STUDY CALENDAR!

February						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					February 19th CCFP Exam: PASS OR FAIL? Top 5 tips to help you pass! • Click here to access	February 20th Print out the CCFP key features this weekend (consider getting it bound!) • Click here to access
February 21st Family Day Holiday ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥ Spend time with your loved ones ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥	February 22nd Review Topics: • Ischemic Heart Disease • Hypertension Test Your Knowledge: • Click here to access	February 23rd Review Topics: • Asthma • COPD • Cough Test Your Knowledge: • Wheezing ain't easy! Is it COPD or Asthma? • PRACTICE SOO WITH YOUR STUDY BUDDY	February 24th Review Topics: • Vaginal Bleeding • Vaginitis	February 25th Review Topics: • Menopause • Breast Lump Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY	February 26th Review Topics: • Infertility • Pregnancy (this is a MONSTER TOPIC – take your time!) Test Your Knowledge: • Click here to access • Click here to access	February 27th 
February 28th Review Topics: • Dizziness • Dementia • Headache Test Your Knowledge: • Click here to access • Click here to access • Click here to access						

March						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	March 1st Review Topics: <ul style="list-style-type: none"> • Mental Competency • Parkinsonism Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 2nd Review Topics: <ul style="list-style-type: none"> • Stroke • Atrial Fibrillation Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 3rd 	March 4th Review Topics: <ul style="list-style-type: none"> • Abdominal Pain (big topic!) • Diarrhea Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access 	March 5th Review Topics: <ul style="list-style-type: none"> • Dyspepsia • Gastrointestinal Bleed • Hepatitis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 6th Review Topics: <ul style="list-style-type: none"> • Diabetes • Obesity • Thyroid • Osteoporosis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
March 7th 	March 8th Review Topics: <ul style="list-style-type: none"> • Smoking Cessation • Lifestyle Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	March 9th Review Topics: <ul style="list-style-type: none"> • Infections & Antibiotics • Meningitis • Pneumonia Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 10th Review Topics: <ul style="list-style-type: none"> • Sexually Transmitted Infections • Upper Respiratory Tract Infection Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 11th Review Topics: <ul style="list-style-type: none"> • Prostate • Urinary Tract Infections & Dysuria • Sex 	March 12th 	March 13th Review Topics: <ul style="list-style-type: none"> • Anemia • DVT • Disability • Gender Specific Issues • Immigrants • Learning • Multiple Medical Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
March 14th Review Topics: <ul style="list-style-type: none"> • Advanced Cardiac Life Support • Dehydration • Epistaxis • Fractures • Fever • Lacerations 	March 15th Review Topics: <ul style="list-style-type: none"> • Low Back Pain • Rape & Sexual Assault • Trauma Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 16th Review Topics: <ul style="list-style-type: none"> • Immunization • In children • Newborn & well baby care Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 17th 	March 18th FMEP COURSE 	March 19th FMEP COURSE 	March 20th FMEP COURSE 
March 21st 	March 22nd Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 23rd Review Topics: <ul style="list-style-type: none"> • Anxiety • Behavioural Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 24th Review Topics: <ul style="list-style-type: none"> • Insomnia • Somatization • Stress Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access 	March 25th Review Topics: <ul style="list-style-type: none"> • Suicide • Depression • Crisis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 26th Review Topics: <ul style="list-style-type: none"> • Bad News • Difficult and Violent Patient • Domestic Violence Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	March 27th Review Topics: <ul style="list-style-type: none"> • Allergy • Elderly Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY
March 28th 	March 29th Review Topics: <ul style="list-style-type: none"> • Congestive Heart Failure • Shortness of Breath Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	March 30th Review Topics: <ul style="list-style-type: none"> • Skin Disorder & Rash • Chronic Pain & Pain Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access 	March 31st 			

April						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				April 1st REVIEW OF TOPICS BEGINS – LETS RAMP UP! Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY	April 2nd Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY	April 3rd 
April 4th Review Topics: • Hyperlipidemia • Chest Pain Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY	April 5th Review Topics: • Contraception • Eating disorders Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY	April 6th Review Topics: • Personality Disorder & Counselling • Substance Abuse	April 7th Review Topics: • Neck Pain • Red eye Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY	April 8th Review Topics: • Travel Medicine • Poisoning Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY	April 9th 	April 10th 
April 11th Review Topics: • Family Issues • Grief Test Your Knowledge: • PRACTICE SAMP	April 12th Review Topics: • Croup • Earache	April 13th Review Topics: • Seizures • Loss of consciousness	April 14th Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY	April 15th Review Topics: • Loss of Weight • Palliative Care	April 16th 	April 17th Review Topics: • Fatigue • Joint Disorder
April 18th Review Major Guidelines: • Trauma • ACLS • Pneumonia • Infections • Antibiotics • Osteoporosis • Hyperlipidemia • Hypertension Test Your Knowledge: • PRACTICE SAMP	April 19th CCFP SAMP EXAM	April 20th CCFP SAMP EXAM	April 21st CCFP SAMP EXAM	April 22nd Review SOO Dos and DON'Ts: • Click here to access Review the SOO tips and infographic: • Click here to access Review pages with the "We think you should memorize this" owl	April 23rd CCFP SOO EXAM (OPTION #1)	April 24th CCFP SOO EXAM (OPTION #1)
April 25th 	April 26th Review pages with the "We think you should memorize this" owl 	April 27th Review pages with the "We think you should memorize this" owl 	April 28th Review pages with the "We think you should memorize this" owl 	April 29th 	April 30th CCFP SOO EXAM (OPTION #2)	

May						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						May 1st CCFP SOO EXAM (OPTION #2)
May 2nd YOU DID IT! Pop the champagne!!! 