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| July | | | | | | |
|---|---|--|---|---|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | | | | | July 23rd CCFP Exam: PASS OR FAIL? Top 5 tips to help you pass! • Click here to access | July 24th Print out the CCFP key features this weekend (consider getting it bound!) • Click here to access |
| July 25th Review Topics: • Ischemic Heart Disease • Hypertension Test Your Knowledge: • Click here to access | July 26th Review Topics: • Asthma • COPD • Cough Test Your Knowledge: • Wheezing ain't easy! Is it COPD or Asthma?! • PRACTICE SOO WITH YOUR STUDY BUDDY | July 27th Review Topics: • Vaginal Bleeding • Vaginitis | July 28th  | July 29th Review Topics: • Menopause • Breast Lump Test Your Knowledge: • PRACTICE SOO WITH YOUR STUDY BUDDY | July 30th Review Topics: • Infertility • Pregnancy (this is a MONSTER TOPIC – take your time!) Test Your Knowledge: • Click here to access • Click here to access | July 31st  |



| August | | | | | | |
|--|--|--|---|--|--|---|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| August 1st Civic Holiday  Spend time with your loved ones  | August 2nd Review Topics: <ul style="list-style-type: none"> • Dizziness • Dementia • Headache Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access • Click here to access | August 3rd Review Topics: <ul style="list-style-type: none"> • Mental Competency • Parkinsonism Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 4th  | August 5th Review Topics: <ul style="list-style-type: none"> • Stroke • Atrial Fibrillation Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 6th Review Topics: <ul style="list-style-type: none"> • Abdominal Pain (big topic!) • Diarrhea Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access | August 7th Review Topics: <ul style="list-style-type: none"> • Dyspepsia • Gastrointestinal Bleed • Hepatitis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY |
| August 8th  | August 9th Review Topics: <ul style="list-style-type: none"> • Diabetes • Obesity • Thyroid • Osteoporosis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 10th Review Topics: <ul style="list-style-type: none"> • Smoking Cessation • Lifestyle Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access | August 11th Review Topics: <ul style="list-style-type: none"> • Infections & Antibiotics • Meningitis • Pneumonia Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 12th Review Topics: <ul style="list-style-type: none"> • Sexually Transmitted Infections • Upper Respiratory Tract Infection Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 13th  | August 14th Review Topics: <ul style="list-style-type: none"> • Prostate • Urinary Tract Infections & Dysuria • Sex |
| August 15th Review Topics: <ul style="list-style-type: none"> • Anemia • DVT • Disability • Gender Specific Issues • Immigrants • Learning • Multiple Medical Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 16th Review Topics: <ul style="list-style-type: none"> • Advanced Cardiac Life Support • Dehydration • Epistaxis • Fractures • Fever • Lacerations | August 17th Review Topics: <ul style="list-style-type: none"> • Low Back Pain • Rape & Sexual Assault • Trauma Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 18th  | August 19th Review Topics: <ul style="list-style-type: none"> • Immunization • In children • Newborn & well baby care Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 20th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY | August 21st Review Topics: <ul style="list-style-type: none"> • Anxiety • Behavioural Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY |
| August 22nd  | August 23rd Review Topics: <ul style="list-style-type: none"> • Insomnia • Somatization • Stress Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access | August 24th Review Topics: <ul style="list-style-type: none"> • Suicide • Depression • Crisis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | August 25th  | August 26th FMEP LIVE COURSE  | August 27th FMEP LIVE COURSE  | August 28th FMEP LIVE COURSE  |
| August 29th  | August 30th Review Topics: <ul style="list-style-type: none"> • Bad News • Difficult and Violent Patient • Domestic Violence Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access | August 31st Review Topics: <ul style="list-style-type: none"> • Allergy • Elderly Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY | | | | |

| September | | | | | | |
|---|---|--|---|---|---|---|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | | | September 1st Review Topics: <ul style="list-style-type: none"> • Congestive Heart Failure • Shortness of Breath Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access | September 2nd Review Topics: <ul style="list-style-type: none"> • Skin Disorder & Rash • Chronic Pain & Pain Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access | September 3rd Review SOO Dos and DON'Ts: <ul style="list-style-type: none"> • Click here to access Review the SOO tips and infographic: <ul style="list-style-type: none"> • Click here to access • Review pages with the "We think you should memorize this" owl |  |
| September 5th Labour Day ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥ Spend time with your loved ones ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥ | September 6th REVIEW OF TOPICS BEGINS – LETS RAMP UP! Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY | September 7th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY | September 8th  | September 9th FMPEP WEST COAST COURSE  | September 10th FMPEP WEST COAST COURSE  | September 11th FMPEP WEST COAST COURSE  |
| September 12th  | September 13th Review Topics: <ul style="list-style-type: none"> • Hyperlipidemia • Chest Pain Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | September 14th Review Topics: <ul style="list-style-type: none"> • Contraception • Eating disorders Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | September 15th Review Topics: <ul style="list-style-type: none"> • Personality Disorder & Counselling • Substance Abuse | September 16th  | September 17th  | September 18th Review Topics: <ul style="list-style-type: none"> • Neck Pain • Red eye Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY |
| September 19th Review Topics: <ul style="list-style-type: none"> • Travel Medicine • Poisoning Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY | September 20th Review Topics: <ul style="list-style-type: none"> • Family Issues • Grief Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SAMP | September 21st Review Topics: <ul style="list-style-type: none"> • Croup • Earache | September 22nd  | September 23rd FMPEP EAST COAST COURSE  | September 24th FMPEP EAST COAST COURSE  | September 25th FMPEP EAST COAST COURSE  |
| September 16th  | September 27th Review Topics: <ul style="list-style-type: none"> • Seizures • Loss of consciousness | September 28st Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY | September 29th Review Topics: <ul style="list-style-type: none"> • Loss of Weight • Palliative Care | September 30th  | | |

| October | | | | | | |
|--|---|---|--|---|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | | | | | October 1st Review Topics: • Fatigue • Joint Disorder | October 2nd  |
| October 3rd Review Topics: • Trauma • ACLS • Pneumonia • Infections • Antibiotics • Osteoporosis • Hyperlipidemia • Hypertension Test Your Knowledge: • PRACTICE SAMP | October 4th Review pages with the "We think you should memorize this" owl  | October 5th Review pages with the "We think you should memorize this" owl  | October 6th Review pages with the "We think you should memorize this" owl  | October 7th Review pages with the "We think you should memorize this" owl  | October 8th Review pages with the "We think you should memorize this" owl  | October 9th  |
| October 10th Thanksgiving ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥ Spend time with your loved ones ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥ | October 11th  | October 12th CCFP SAMP EXAM | October 13th CCFP SAMP EXAM | October 14th  | October 15th CCFP SOO EXAM | October 16th CCFP SOO EXAM |
| October 17th YOU DID IT! Pop the champagne!!!  | | | | | | |